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Thank you!

Thank you so much for signing up to be one of our AWESOME volunteers. We would not be able to do this without you! Here are a few things you need to know before we take off on this amazing journey:





VOLUNTEER SCHEDULE

Day One: Saturday, February 20

5:15-5:30AM —	
	Arrive at designated spot, either Tartesso Community Sports Park or Brunner Rd.
5:30AM	
	Volunteer Meeting & set up
7:00AM	
	Staging All riders will begin to stage on Brunner Rd. in order of pace group with the fastest group launching first
7:30-8:30AM —	
	We RIDE! o Each SAG team will leave to follow their group approximately 5 minutes after their group launches
12:00PM —	
	Finish Volunteers arrive
3:00-5:30PM	
	Groups arrive. Dinner provided by Texas Roadhouse
7:00PM —	
	Clean up and head home!



VOLUNTEER SCHEDULE

Day Two: Saturday, February 21

	5:15-5:30AM —	
		Arrive at designated spot, either Tartesso Community Sports Park or Brunner Rd.
	5:30AM	
		Volunteer Meeting & set up
	7:00AM	
		Staging All riders will begin to stage on Brunner Rd. in order of pace group with the fastest group launching first
<u>-</u>	7:30-8:30AM —	
		We RIDE! o Each SAG team will leave to follow their group approximately 5 minutes after their group launches
	12:00PM —	
		Finish Volunteers arrive
	3:00-5:30PM	
		Groups arrive. Dinner provided by Taqueros.
	7:00PM ———	
		Clean up and head home!



The Ride Official

The Ride Official is a person of authority who is here to ensure a great and safe experience for all riders and volunteers over the weekend. The ride official will travel along the course to ensure that everything is running smoothly and the rules are being followed.

Who is he? Curtis Jensen - 626-592-4183



What does he do? Ever heard of wrangling cats? That's what he does! In all seriousness, safety of the riders is his top priority. He will also ensure that all riders and volunteers are upholding the integrity of the ride and our mission at ALL times. He DOES have the authority to pull a rider from the ride for any length of time and for any reason. A few other responsibilities that the Ride Official has include:

- Serves as a mediator between Group leaders, SAG, riders and volunteers should issues 0 arise.
- Checks in with group leaders at Aid Stations regarding any issues they may have come 0 across while on the road (minor crashes, insubordinate team members, issues with families following along)
- Serves as FINAL say on whether a rider can continue in the event of an injury occurring. 0
- Sweeping riders for safety reasons. 0

You will also see Curtis stop at all Aid Stations to make any pertinent announcements (route changes, weather, etc.). Curtis will help regulate pacing and release times from Aid Stations. He'll also enforce and monitor the below:

- o No headphones
- o No vehicle drafting
- o Families or non-registered volunteers pulling over on the side of the road
- o Sweeping riders for safety reasons- This includes riders that aren't keeping pace with their group.

If you ever run into any questions or situations that you or your group leaders are unsure of the best decision, call the Ride Official!



SAG Team: DO'S & DONT'S

You are the cheerleaders for the riders, but there are some rules that need to be followed to make this the best experience for everyone.



DO: Have fun with themes, signs, silliness and music!

DO: Program all numbers in your phone **BEFORE** the ride.

- □ ALL SAG People
- □ ALL Medics
- □ 1MISSION Contacts
- □ Lead Riders for your group
- ☐ Ride Official

DO: Start a group text with SAGs and Medics.

DO: Start a group text with your riders emergency contacts and send updates and pictures along the way.

DO: Make sure you have room in your vehicle to pick up 2-3 riders, bikes, and gear. You MUST have a bike rack.

DO: Go to the bathroom whenever the opportunity arises - seriously do it!

DO: Keep track of your nearest mile marker/location in case of an emergency.

DO: Pull your vehicle **ALL** the way off the road - it's for safety!

DO: Get to know your riders at the stops and get them food, water, and SUNSCREEN!

DO: Communicate with Lead Riders, Medics, and the Ride Official about lone riders.

DO: Report all non-SAG vehicles stopped on the road to the Ride Official - Curtis Jensen.

DO: Work with your Lead Riders to:

o Make sure you are staying in front of the cut off times.

o Pull riders off the road for a break, if necessary.

o Get groups through aid stations in a reasonable amount of time.

o Share locations via your phone (or find someone with an iPhone that can share).

DON'T: Allow riders to draft your 📆 vehicle - NEVER EVER. EVER!

DON'T: Sit in your car as the riders go by.

DON'T: Text and drive! One wrong move ruins so much, it's NOT worth it!



next pull out

SAG Team: Medical Situations 🕀



We never hope that anything bad happens, but it is always best to be prepared. Please follow these guidelines should an emergency occur:

☐ Call the nearest Medic (Make sure you know your location)
☐ Call 911 if life threatening
☐ Keep 1MISSION and the Ride Official in the loop on what is going on
☐ Get your group back on the road as soon as possible, if appropriate
☐ Notate the closest mile marker of where incident occured and report to ride Director
SAG Toom: Loop Everging
SAG Team: Leap-Frogging
The appropriate value has the best enverge we highly recommend look fraction was a recom-
Too ensure your group has the best coverage we highly recommend leap-frogging your group
throughout the ride. This can get a little messy once in Mexico.
☐ Stay put once your group passes and wait about 7-10 minutes (depending on pace)
☐ Go approximately 1 mile past your group and pull over
☐ Be sure to watch for any hand gestures that indicate they need your assistance before the



Aid Stations

This year we would like to do things a tad different. We are asking that each of our Aid Stations pick a theme and decorate the site. This will keep the riders energized as they go along.

Be Ready for the Riders Checklist

- ☐ Tables set up
- ☐ Signs up
- ☐ Site decorated for your theme (costumes are welcome!)
- ☐ All food laid out on the table
- ☐ Gatorade cooler out
- ☐ Oranges cut into slices (on plates)
- ☐ Bananas cut in half (on plates)
- ☐ Friendly faces awaiting riders

Items provided by 1MISSION

- o 2 large 5 gallon water jugs
- o Gatorade
- o PB&J sandwiches
- o Oranges and bananas
- o Goldfish and pretzels
- o Clif Bars
- o Cups for snacks only, not water
- o Trash and Ziplock bags
- o Aid Station Signs



Aid Station Signs There are signs that need to be put out to let riders know that an Aid Station is coming up. Please put up 2 signs leading up to your stop, starting about 200 meters away. We ask that you take them down (please do not throw these away) before you head off to the next stop.



Food and Drink Dispersement Please use cups for handing out Goldfish and pretzels. The riders will have water bottles for water.



Trash Please make sure that all trash is put in bags and we are cleaning everything up before you head to the next stop.



Extra Food You will have large and small Ziplock bags. Use these to store extra cut oranges or bananas for the next stop.



Watch the Time Make sure that you are watching the time. There should be plenty of time to clean up, drive, and set up at the next station. However, 1MISSION will be in contact with you throughout the day and help accurately gage projected times. SAG vehicles will also be stocked with the same food items and water if you need to use them.





Day One: Launch to Aid Station #1

Launch from Brunner Rd

- 1. Head north on Brunner Rd
- 2. Turn right onto Tartesso Parkway
- 3. At the roundabout, take the 1st exit and stay on W Tartesso Pkwy
- 4. Turn right at Sun Valley Parkway
- 5. At I-10, Sun Valley Parkway turns into S Palo Verde Rd
- 6. Turn left on Baseline Rd
- 7. Make an immediate Right on Palo Verde Rd
- 8. Turn Right on Old US Highway 80
- 9. Continue on Old US Highway 80 for 9.7 miles
- 10.. At Desert Rose Rd the first aid station will be on your right

Aid Station #1 (21.9 miles in) - NW Corner of Desert Rose Rd & Old Highway 80

Day One: Aid Station #1 to Aid Station #2 (Lunch)

Leave Aid Station #1 at Desert Rose Rd

- 1. Turn right onto Old Highway 80
- 2. After Highway 80 turns East you will cross a bridge
- 3. Continue on Old Highway 80 to Gila Bend
- 3. Turn right on Papago St.

Aid Station #2 (48.8 miles in, 26.9 miles from Aid Station #1) – old RV park next to Shell in Gila Bend

Day One: Aid Station #2 to Aid Station #3

Leave Aid Station #2 at old RV park next to Shell in Gila Bend

- 1. Turn Left on Papago St
- 2. Turn Left on Old Highway 80
- 3. Continue on Old Highway 80 to bridge crossing
- 4. Continue on Old Highway 80
- 5. At Desert Rose Rd, aid station will be on left side of road (Same as Aid Station #1)

Aid Station #3 (75.7 miles in, 26.9 miles from Aid Station #2) - NW Corner of Desert Rose Rd & Old Highway 80



Day One: Aid Station #3 to Finish (Tartesso)

Leave Aid Station #3 at Desert Rose Rd

- 1. Turn left onto Old Highway 80
- 2. Left on S Palo Verde Rd
- 4. Turn left on Baseline Rd
- 5. Make immediate right onto S Palo Verde Rd
- 6. At I-10, Palo Verde Rd turns into Sun Valley Parkway
- 7. Turn left on Tartesso Parkway
- 8. Continue through the roundabout.
- 9. At second roundabout take second exit onto 303rd Ave
- 10. Take an immediate right into the Tartesso Community Sports Park and continue to Finish Line (1MISSION arch in the traffic loop)

Tartesso Community Sports Park - Day one total miles = 97.6 miles





Day Two: Tartesso to Aid Station #1

Launch from Brunner Rd

- 1. Head north on Brunner Rd
- 2. Turn right on Tartesso Parkway
- 3. Go through roundabout
- 4. Turn left on Sun Valley Parkway
- 5. Continue on Sun Valley Parkway for appx 20 miles
- 6. Turn left onto 219th Ave
- 7. Aid station is on the NW Corner of Sun Valley Parkway and 219th Ave.

Aid Station #1 (22.4 miles in) – 219th Ave

Day Two: Aid Station #1 to Aid Station #2 (Lunch)

Leave Aid Station #1 at 219th Ave

- 1. Turn Left onto Sun Valley Parkway
- 2. Turn Right on 183rd Ave
- 3. Turn Left on Surprise Farms Loop N
- 4. After 175th Ave turn Left on Cotton Ln
- 5. Turn Left on Clearview Blvd.
- 6. At Desert Blossom Way, Clearview Blvd turns into Mountain View Blvd
- 7. Turn left on Sunrise Blvd
- 8. After Grand Ave, Sunrise Blvd turns into R H Johnson Blvd
- 9. Turn Left on 151st Ave
- 10. Turn Right on Deer Valley Rd
- 11. Turn Left on Deer Valley Access Rd
- 12. Turn Left on El Mirage Rd
- 13. Turn Right on Williams Rd
- 14. Turn Left on 117th Ave which turns into 115th Ave just before Happy Valley Parkway
- 15. Turn Right on Happy Valley Parkway
- Turn Right on 107th Ave 16.
- 17. Turn Left on Deer Valley Rd
- 18. Turn Left on 83rd Ave
- 19. Turn Left into Glendale Preparatory Academy

Aid Station #2 (49.7 miles in, 27.3 miles from Aid Station #1) – Glendale Preparatory Academy



Day Two: Aid Station #2 to Aid Station #3

Leave Aid Station #2 at Glendale Preparatory Academy

- 1. Turn left onto 83rd Ave
- 2. At Jomax Rd 83rd Ave turns into Westwing Parkway
- 3. Turn Left onto N Lake Pleasant Parkway
- 4. Turn Right on Jomax Rd
- 5. As Jomax Rd turns south it becomes Tierra Del Rio Blvd
- 6. Turn Right on Happy Valley Rd
- 7. Turn Left on 115th Ave which quickly changes to 117th Ave
- 8. Turn Right on Williams Dr
- 9. Turn Left on El Mirage
- 10. Then immediately turn right on Deer Valley Access Rd
- 11. Then take an immediate Right onto Deer Valley Dr
- 12. Turn Left on 151st Ave
- 13. Turn Right onto RH Johnson Blvd
- 14. After Grand Ave RH Johnson Blvd turns into Sunrise Blvd
- 15. Turn Right on Mountain View Blvd
- 16. At Desert Blossom Way, Mountain View Blvd turns into Clearview Blvd
- 17. Turn Right on Palm View Dr
- 18. Shortly thereafter Palm View Dr turns into Cotton Ln
- 19. Turn Right on Bell Rd
- 20. Bell Rd turns into Sun Valley Parkway after 148th Dr
- 21. Turn Right on 219th Ave

Aid Station #3 (77 miles in, 27.3 miles from Aid Station #2) - 219th Ave

Day Two: Aid Station #3 to Tartesso (Finish Line)

Leave Aid Station #3 at 219th Ave

- 1. Turn Right on Sun Valley Parkway
- 2. Turn Right onto Tartesso Parkway
- 3. Continue through roundabout
- 4. At second roundabout take the second exit onto 303rd Ave
- 5. Take an immediate right into the Tartesso Community Sports Park and continue to Finish Line (1MISSION arch in the traffic loop)

FINISH at Tartesso Community Sports Park - 99.4 miles in



LAUNCH MORNING

Launch Site

If you are assigned Temp Checks, Check-in, ID Cards, or Traffic, you will meet and park at Tartesso Community Sports Park. Once you get your temp checked and park, head straight to the registration table for the volunteer meeting.



If you are Medical, Breakfast, or set-up, you'll head directly to Brunner Rd. Please park in the large dirt area on the NW corner of Brunner and Thomas. Volunteer meeting will be at the south end of Brunner Rd.





LAUNCH MORNING

If you are SAG, you'll head directly to Brunner Rd. and park along the west side of the road (vehicle facing north) in number order. We'll have markers for you. Please do no go any further south on Brunner than the 3rd street light from the south. Group 12 SAG should be in line with the 3rd street light from the south.





